



# CAMBRIDGE COLLEGE

Unit 109, 8166 128th Street, Surrey, BC, Canada V3W 1R1

Call: +1 (604) 337-5300, +1 (604)-543-9282 | Email: info@cambridgecollegebc.com | Web: www.cambridgecollegebc.com

## Program Outline Child Growth and Development II

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### Brief Program Description

This course builds upon foundational knowledge of early child development by exploring children's growth from preschool years (ages 3–5) through middle childhood (ages 6–12). It focuses on cognitive, physical, emotional, and social development, supported by theories from Piaget, Vygotsky, and Erikson. Students will develop skills to observe, assess, and support children's development through play-based learning and positive guidance strategies, with attention to health, diversity, and inclusion in early years group settings.

### NOC Code

42202 – Early childhood educators assistants

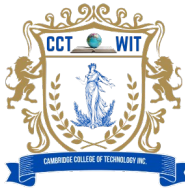
### Career Opportunities

Upon completion of the program, graduates may find employment in roles such as:

- Early Childhood Assistant
- Preschool Assistant
- Early Childhood Assistant
- Daycare Worker (Preschool/School-Age)
- Childcare Program Assistant
- Out-of-School Care Facilitator
- Inclusion Support Worker
- Behaviour Support Assistant

### Admission Requirements

- High school diploma or equivalent, grade 12 English-minimum grade of C, mature student status (19 years or older).
- Criminal record check.
- Immunization report.
- Meet minimum English language proficiency requirements.
  - Evidence that 3 years of full-time secondary education (Grades 8-12) have been successfully completed in the program's language of instruction in a country where the language of instruction is one of the principal languages. Grade 12 English with minimum grade of C. This may include successful completion of a BC Adult Graduation program. **OR**
  - Completion of 2 years of full-time post-secondary education at an accredited institution where English is the principal language of instruction **OR**



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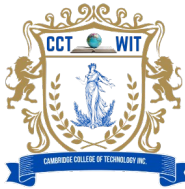
- Provide verified results for one of the English language proficiency tests listed below.  
Test results must be dated no more than two years before the start date of the program.
  - International English Language Testing System (IELTS) Academic: overall score of 5.5 or higher.
  - Canadian Academic English Language (CAEL) Test: overall score of 40 or higher
  - Duolingo English Test: overall score of 95 or higher
  - Test of English as a Foreign Language (TOEFL) IBT: overall score of 46 higher
  - Canadian English Language Proficiency Index Program (CELPIP): Listening 6, Speaking 6, Reading 5, and Writing 5.
  - Pearson Test of English (PTE) Academic: overall score of 43 or higher

**Learning Objectives/Outcomes**      Upon successful completion of Child Growth and Development II, students will be able to:

- Describe developmental milestones (ages 3–12) across physical, cognitive, and emotional domains
- Apply developmental theories to analyze child behaviour
- Explain the role of play in learning and curriculum planning
- Observe and document child behaviour objectively
- Use positive guidance strategies for behaviour management
- Recognize cultural and individual developmental variations
- Understand health, safety, and well-being practices for group settings

**Student Progress/  
Assessment Methods**      A final grade of 60% is required to pass each course unless otherwise indicated on a course outline. Generally, course assessment consists of quizzes, exams, and project-based assignments.

**Attendance**      85% of classes must be attended to achieve competency for this



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### Expectations

Graduation  
 Requirements

### qualification

Minimum C grade average is required for graduation

Program Duration

**45 hours**

Homework Hours

2-3 hrs. This is only an approximate figure and is dependent upon how much time the student can dedicate to the studies and how well he/she grasps the learning concepts in the course material.

Delivery Methods

*Indicate how the program is delivered.*

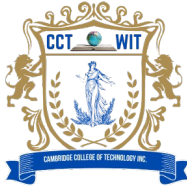
- ☒ *On-site delivery.*
- ☐ *Distance delivery.*
- ☒ *Combined delivery (50% of combined program will be provided by distance (online) delivery.)*
- ☒ *Synchronous.*
- ☐ *Asynchronous.*
- ☐ *Combination of both synchronous and asynchronous.*

Instructional  
 Methods

<i>Method of Delivery          (reflect all methods used)</i>	<i>Contact Hours</i>
<i>Classroom (Instructor Led)</i>	45 hrs
<i>Computer Based Training</i>	0 hrs
<i>Distance Education</i>	0 hrs
<b>TOTAL</b>	<b>45 hrs</b>

Required Textbooks

- Children: A Chronological Approach (7th Canadian Edition)
- Science of Early Childhood Development (SECD) – North American Edition (Online)
- BC's Early Learning Framework and Child Care Licensing Regulations (excerpts)
- Instructor-recommended resource books (college library)



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Equipment/ Course material required for this Program

- Desktop or laptop computer (Windows, Chromebook or MacOS) capable of running video conferencing sessions and basic applications (Word, Excel, PowerPoint).
- Fast, stable wired internet connection
- White board,
- Overhead projector,
- Lecture notes,
- Computers,
- Chairs,
- Desks,
- Garbage bins,
- A4 folders
- Notepads
- Pencils/Pens

**Program Organization:**

<b>S. No.</b>	<b>Topics &amp; Objectives</b>	<b>Hours</b>	<b>Assessment</b>
1	Preschool Development Overview + Physical Development in Preschool	5 hrs	Participation, Observation Journal
2	Cognitive Development in Preschool + Language & Literacy	5 hrs	Worksheet, Group Activity
3	Social & Emotional Development + Guidance Strategies	5 hrs	Reflection, Behaviour Sheet
4	Play-Based Learning + Transition to School (Age 6–8)	5 hrs	Lesson Plan Exercise, Quiz
5	Physical & Cognitive Development (6–8 yrs) + Social Development (6–8 yrs)	5 hrs	Class Discussion, Reflection Journal
6	Language & Literacy (9–12 yrs) + Emotional & Moral Development (9–12 yrs)	5 hrs	Short Essay, Group Case Analysis
7	Diversity & Inclusion + Observation & Documentation (3–12 yrs)	5 hrs	Reflection Paper, Observation Task
8	Final Review, Integration & Project Guidance	5 hrs	Final Project
9	Optional Review / Project Completion / Instructor Discretion	5 hrs	Make-up work, Support Sessions
	Total Hours	45	